



**107<sup>th</sup> ANNUAL SCIENTIFIC MEETING**  
**July 17-18, 2020** HOTEL HERSHEY, HERSHEY, PA

## Agenda

### Friday, July 17, 2020

- 7:50 - 8:00 am **Welcome and Opening Remarks (Program Chair and President)**  
Dr. Mark Iantosca  
*President, PNS*  
Dr. Jody Leonardo  
*Program Chair, PNS*
- 8:00 - 9:20 am **High Impact Literature Update**  
*Moderator: Dr. Scott Simon*  
Oncology – Dr. Nassir Mansour  
Spine – Dr. Jang Yoon  
Functional – Dr. Nestor Tomycz  
Cerebrovascular/Endovascular – Dr. Ephraim Church
- 9:20 - 9:50 am **Washington Committee Update**  
Dr. Clemens Schirmer  
*Central Councilor, PNS*
- 9:50 - 10:30 am Break with Exhibitors**
- 10:30 - 11:15 am **A Rare Perspective**  
Marie Conley  
*Founder, The Conley Cushing's Disease Fund*  
*A Cushing's disease and adrenal insufficient patient's journey to advocate for this rare disease, working with the medical community to make an impact.*
- 11:15 - 12:15 pm **Keynote: Future of Healthcare**  
**David Holmberg**  
**CEO and President, Highmark Health**  
*David Holmberg will discuss his experience, innovation, and progressive work as an influential leader in the healthcare industry and the future of evolution in healthcare.*
- 12:15 - 1:15 pm Lunch**
- 1:15 - 1:30 pm **Annual Business Meeting**  
Dr. Mark Iantosca  
*President, PNS*

1:30 – 4:30 pm **Breakout Sessions**

	<b>MAIN Education Room</b>	<b>APP Breakout</b>
1:30 - 3:00 pm	<p><b>Reimagining Community Neurosurgery: The Changing Landscape in Central Pennsylvania</b></p> <p><i>Moderator:</i> Dr. Pawel Ochalski</p> <p><i>Panelists:</i> Dr. Keith Kuhlengel Dr. Joel Winer Dr. Perry Argires Dr. Louis Marotti</p>	<p><b>Round Table Discussions :</b> (30 min/session)</p> <p><b>Patterns of Pain: An Approach to Triaging and Treating Lower Back Pain</b> Joshua Trbovich, PA Jeffrey Cameron, PA</p> <p><b>Brain Tumors: Expected Neurological Deficits Based on Lesion Location</b> Ben Hurtig, PA Denise Miller, CRNP</p> <p><b>Enhanced Recovery After Surgery</b> Diana Gardiner, CRNP Rachel Pessoa, CRNP Kristin Rupich, CRNP</p>
<b>3:00 - 3:30 pm</b>	<b>Break</b>	<b>Break</b>
3:30 - 4:30 pm	<p><b>Alphabet LIFS (Lumbar Interbody Fusions)</b></p> <p><i>Moderator:</i> Dr. Alexander Yu</p> <p><i>Panelists:</i> Dr. Bong-Soo Kim Dr. Kevin Walsh Dr. William Welch</p> <p><i>Live audience participation with polling app!</i></p>	<p><b>APP Skills Session</b> (30 min/session)</p> <p><b>Lumbar Puncture</b> <i>Demonstrated by Patrick Offi, PA</i></p> <p><b>SI Joint Provocative Testing</b> <i>Demonstrated by Jeffrey Cameron, PA and Joshua Trbovich, PA</i></p>

4:30 - 5:15 pm **Beyond Goat Yoga: A Systematic Method for Improving Physician Wellness**  
Dr. Dan Shapiro, PhD  
*Vice Dean, Penn State College of Medicine*

5:15 – 6:30 pm **PNS Annual Meeting Opening Reception** (*Exhibit Hall*)  
Socialize with your colleagues from across the state and take advantage of this opportunity to interact with exhibitors to see latest technology.  
*Featuring the Resident Neural Networking Corner:*  
Fellowship directors and hospital recruiters from across Pennsylvania will be available to discuss future fellowship and employment opportunities with residents.

**Saturday, July 18th, 2020**

7:55 - 8:00 am **Welcome and Introductions**  
Dr. Jody Leonardo  
*Program Chair, PNS*

8:00 – 9:00 am **Resident Oral Abstract Presentations**  
*Moderator:* Dr. Jody Leonardo

9:00 – 10:00 am **KEYNOTE: 7 Steps to Become a LEADER**  
**Jonathan Gilliam**  
**US Navy SEAL & FBI Special Agent**

*Jonathan T. Gilliam will present the 7 steps to become A LEADER, in order to better prepare you as a true leader within the operating room, as well as a leader that cultivates your entire team into individual leaders long before you enter situations where a human being's life is in your hands.*

**10:00 – 10:15 am Break**

10:15 – 12:15 am **Breakout Sessions**

	<b>Main Education Room</b>	<b>Resident Breakout Session</b>
10:15 – 11:35 am	<b>High Impact Literature Update</b> <i>Moderator:</i> Dr. Jody Leonardo Pediatric: Dr. Elias Rizk Peripheral Nerve: Dr. Elias Rizk Neurosurgery Epilepsy: Dr. Benjamin Kennedy Neurotrauma/Critical Care: Dr. Haejoe Park	<b>Panel Discussions:</b> (30 min/session) <b>Life After Residency</b> <i>Moderator:</i> Dr. Diana Jho <i>Panelists:</i> Dr. Justin Davanzo Dr. Bertram Richter Dr. Michael McDowell <b>Tips and Tricks in Navigating your Transition into Practice</b> <i>Moderator:</i> Dr. Diana Jho <i>Panelists:</i> Dr. Pawel Ochalski Dr. Scott Simon
11:35 – 12:15 pm	<b>Advocacy 101 for Neurosurgeons</b> David Thompson <i>Senior Director of Government Relations, Pennsylvania Medical Society</i>	<b><u>Resident Skills Session and Top Gun PA Competition</u></b> (1 hour)

12:15 – 12:30 pm **Resident Award Presentation**  
*Awards will be presented for the Oral Abstracts and for the Top Gun PA Competition.*

12:30 pm **Adjournment**

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**Save the Date for the 2021 PNS Annual Meeting**  
**July 23 & 24, 2021**  
**The Hotel Hershey ~ Hershey, PA**